

# Skill to Master \_\_\_\_\_

	Subskills	Mastered
1.		<input type="checkbox"/>
2.		<input type="checkbox"/>
3.		<input type="checkbox"/>
4.		<input type="checkbox"/>
5.		<input type="checkbox"/>
6.		<input type="checkbox"/>
7.		<input type="checkbox"/>
8.		<input type="checkbox"/>
9.		<input type="checkbox"/>
10.		<input type="checkbox"/>

### Action Steps to Master the Skill with Practice

Include things like your purposes, practice schedule, reminder system, material to review, coaching, sources of suggestions, mistakes to make, rewards for small achievements and motivation tips.